

SENIOR LINE DANCING



EVERY THURSDAY

1:00 PM – 2:00 PM

ROTTERDAM SENIOR CENTER

2639 Hamburg Street
Rotterdam, NY 12303

This **1-hour** standing line dancing class is open to all levels, with beginners especially welcome. Participants will learn basic line dancing steps and simple, repetitive patterns set to familiar music from the 60s and 70s. The class focuses on balance, coordination, and confidence while bringing fun, joy, and movement through dancing to beloved tunes.



Participants must be able to stand independently for the full **1 hour**. Chairs will be provided if a participant would like to sit down.

Class is \$5.

Questions?

Classes start
AUGUST 27TH

PLEASE CALL (518) 356-1561

