

# THE EMPOWERED CAREGIVER

An education program presented by the Alzheimer's Association®



Caring for someone living with dementia brings a unique set of challenges and rewards. Learn to navigate the responsibilities of middle and late stage caregiving in this education program.

## Topics in the program include:

- » Building foundations of caregiving.
- » Supporting independence.
- » Communicating effectively.
- » Responding to dementia-related behaviors.
- » Exploring care and support services.

Visit [alz.org/CRF](http://alz.org/CRF) to explore additional education programs in Northeastern New York.

This program is supported in part by a grant from the New York State Department of Health.



## Date

Friday March 13th, 20th, 27th



## Time

12:00 p.m.—1:30 p.m.



## Location

Rotterdam Senior Citizens  
2639 Hamburg St, Schenectady,  
NY 12303

## Registration

Please call 800.272.3900 or visit us online at [www.alz.org/CRF](http://www.alz.org/CRF)

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