

alzheimer's association®

Caregiver Support Group

Schenectady County

The Alzheimer's Association's Caregiver Support Groups are designed to provide emotional, educational, and social support for caregivers through regularly scheduled meetings. They help participants develop methods and skills to solve problems. The groups encourage caregivers to maintain their own personal, physical and emotional health, as well as optimally care for the person with dementia.

Support Group Location:

Rotterdam Senior Center
2639 Hamburg St. Schenectady

3rd Thursday of each month

1:00 p.m. - 2:00 p.m.

**For more information or to register,
call 518.888-5563 or 1.800.272.3900 or
visit ALZ.ORG/CRF**

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